

LEVEL UP GOSPORT



Level Up Gosport is delighted to be working in partnership with Autek CIC. We share a strong commitment to inclusion, equality and respect, and believe our shared values will create a positive and meaningful partnership. Together, we look forward to combining our strengths and expertise to achieve even greater impact for the communities and individuals we support.



The photo above is of some of our Youth Volunteers receiving their Annual 2026 certificates of community participation in volunteering

Level Up Gosport (LUPG)

Level Up Gosport is a community-based charity supporting young people aged 18–25 who face barriers to employment, training and community participation due to neurodiversity, mental health challenges, anxiety, disability or other additional needs.

We exist to break the cycle of exclusion, isolation and repeated employment failure experienced by many young people who do not fit traditional pathways into work. Too often, they are placed in unsuitable roles, struggle to sustain employment, lose confidence, fear the impact on their benefits and become increasingly isolated from their communities.

Through tailored support, volunteering opportunities, socialisation, meaningful work experience and accessible, adaptive training, we help young people build confidence, develop independence and move towards sustainable employment & independent volunteering.

Our programmes are co-designed with the young people we support, ensuring they remain relevant, inclusive and focused on achieving lasting outcomes.

What Level Up Gosport offers:

1. Volunteering: engaging in local community activities and events to promote social inclusion and personal growth;
2. WEXi (Work EXperience initiative): a free, innovative and diverse programme of supported, outcome-focused work experience;

3. Training & Workshops: skills-based sessions on topics such as Money Management, Safeguarding and Food Health & Hygiene to enhance employability and life skills;
4. Social Meetings: regular gatherings to foster connections, reduce isolation and build a supportive community;
5. Community Allotment: hands-on experience in cultivating an organic, sustainable allotment, learning horticultural skills while promoting environmental responsibility.

By removing barriers and creating supportive environments, every opportunity is tailored to the young person's interests, aspirations and support needs.

Please follow us on our social media platforms:

Website: <https://www.levelupgosport.org.uk>

Facebook: <https://www.facebook.com/LevelUpGosport>

Instagram: https://www.instagram.com/levelup_gosport/

Linkedin: <https://www.linkedin.com/company/level-up-gosport/>

...Work EXperience initiative (WEXi) – why it works and can we support you?...



A Level Up Gosport young person participating in a WEXi programme at HiQ Tyres & Autocare, Gosport.



Some of the young people we have supported into employment:

B – at Marks & Spencer; L – at a local Garden Centre & K – at a local café

Some quotes from our WEXi programme participants:

"Very positive experience...expanded my knowledge of different vehicles and was a fun challenge."

"Friendly, helpful attitude from staff...I've improved my people skills & developed self-confidence."

"I gained knowledge in hospitality...helped to gain confidence...enjoyed working with the staff."

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